

HOLY CROSS COLLEGE (AUTONOMOUS)

(Affiliated to M.S. University, Tirunelveli)

Accredited with A+ Grade (CGPA 3.35 – 4th Cycle) by NAAC

Nagercoil - 629 004, Tamil Nadu, India

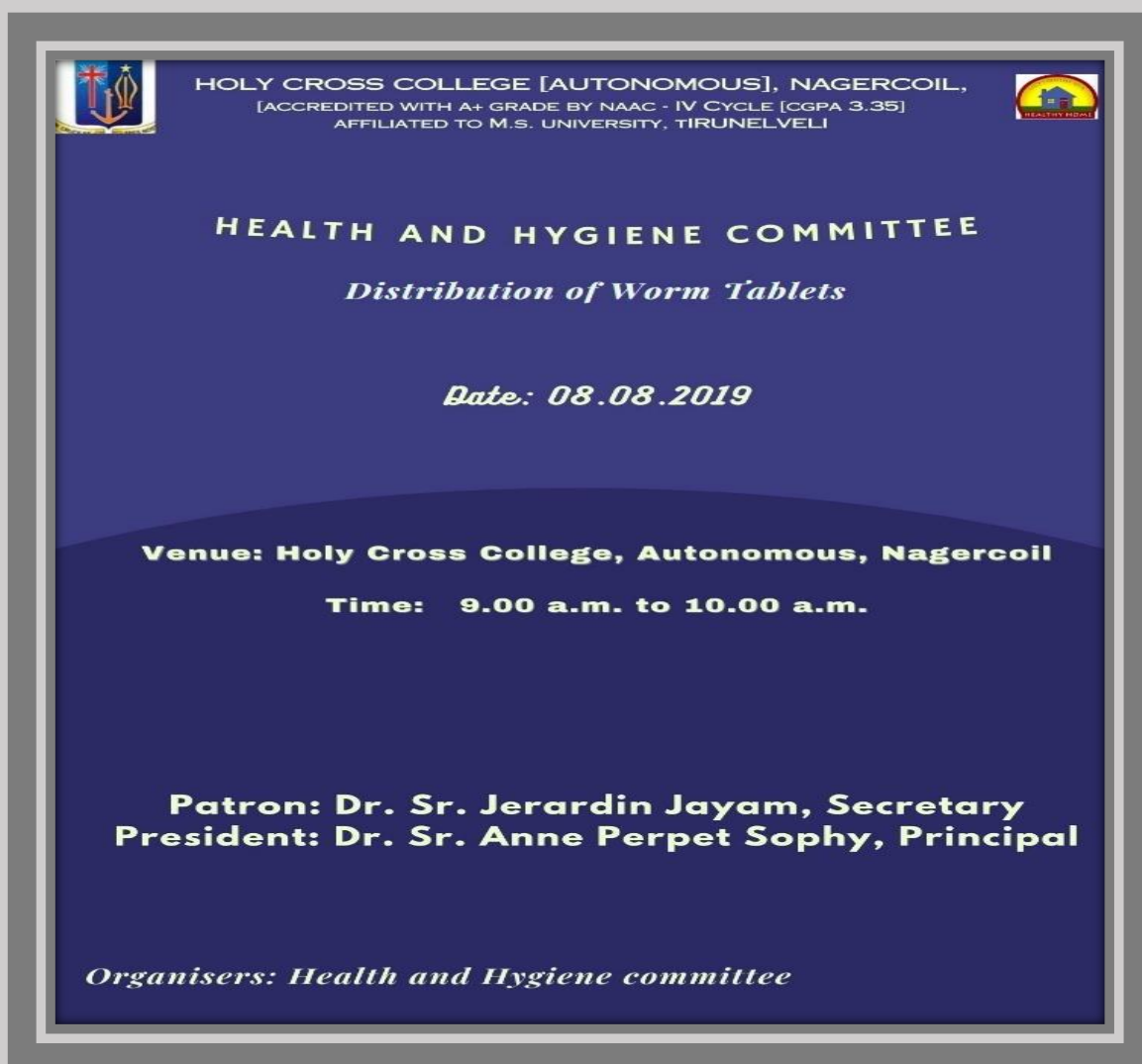


HEALTH AND HYGIENE ANNUAL REPORT (2019 -2020)



2019-2020

Title of the Programme	:	Distribution of Worms Tablets
Date	:	08-08-2019
Organized by	:	Health and Hygiene Committee
Theme/Objective	:	To provide worm tablets to students to prevent parasitic infections and improve overall health and well-being.
Outcome of the Activity	:	Reduced prevalence of parasitic infections among students due to effective distribution of worm tablets.
No. of Beneficiaries	:	2100
Venue	:	Holy Cross College (Autonomous), Nagercoil





Title of the Programme	:	Awareness on Health and Job Opportunities
Date	:	14-08-2019
Organized by	:	Health and Hygiene Committee
Theme/Objective	:	To raise awareness on health-related issues and job opportunities to facilitate informed decision-making and holistic well-being.
Resource Person	:	Dr. Jegan Jascot
Outcome of the Activity	:	Increased understanding of health-related issues and job opportunities leading to improved decision-making and enhanced well-being among participants
No. of Beneficiaries	:	500
Venue	:	Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil-4.



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[ACCREDITED WITH A+ GRADE BY NAAC - IV CYCLE (CGPA 3.35)]
AFFILIATED TO M.S. UNIVERSITY, TIRUNELVELI



HEALTH AND HYGIENE COMMITTEE

Awareness on Health and Job Opportunitinies

Date: 14-08-2019

**Venue: Multipurpose Hall,
Holy Cross College, Autonomous, Nagercoil**

Time: 9.00 a.m. to 10.00 a.m.

RESOURCE PERSON

Dr. Jegas Jascot



Patron: Dr. Sr. Jerardin Jayam, Secretary
President: Dr. Sr. Anne Perpet Sophy, Principal

Organisers: Health and Hygiene committee



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te: Health care activity

Title of the Programme : Meeting on *Unnai Thinnun Unnavu*

Date : 10-02-2020

Organized by : Health and Hygiene Committee

Theme/Objective : To Promote awareness and practical strategies for maintaining a balanced and nutritious diet

Resource Person : Dr. J. Jemi Rooth Kanosa

Outcome of the Activity : Empowering attendees with knowledge and resources to make informed dietary choices for improved health and well- being.

No. of Beneficiaries : 45

Venue : III UG Classroom, Department of Commerce, Holy Cross College, (Autonomous) Nagercoil-4

